



KOSHER HOT MENU - JULY 2024

MENU SUBJECT TO CHANGE/SUBSTITUTION PENDING AVAILABILITY OF ITEMS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Dairy Free Chicken Kotletzi Roasted Butternut Squash Steamed Green Beans <i>Fruit or Juice</i>	Fish with Tomatoes and Herbs Brown Rice Steamed Zucchini <i>Fruit or Juice</i>	Beef Meatballs w/ Homemade Tomato Sauce & Pasta California Blend Vegetables <i>Fruit or Juice</i>	Baked Falafel Balls Jeera Rice Roasted Beets <i>Fruit or Juice</i>	Roasted Chicken Carrot Tzimmes Potato Kugel <i>Fruit or Juice</i>	Egg Salad Corn, Black Bean and Pepper Salad Red Cabbage Salad <i>Fruit or Juice</i>
7	8	9	10	11	12	13
Cheese Lasagna Rollups w/ Tomato Sauce Italian Blend Vegetables Steamed Carrots <i>Fruit or Juice</i>	Turkey Burger Peppers and Onions w/ BBQ Sauce Kasha Varnishkes Steamed Carrots <i>Fruit or Juice</i>	Breaded Fish Fillet Dill Lemon Sauce Sautéed Spinach California Blend Vegetables Roasted Butternut Squash <i>Fruit or Juice</i>	Beef and Chicken Meatloaf w/ Mushroom Gravy Roasted Potatoes Zucchini Provencal <i>Fruit or Juice</i>	Vegetarian Three Bean Chili Brown Rice Steamed Green Beans <i>Fruit or Juice</i>	BBQ Chicken Toasted Barley with Mushrooms Savory Braised Cabbage <i>Fruit or Juice</i>	Tuna Salad Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>
14	15	16	17	18	19	20
Cheese Blintzes Roasted Butternut Squash Steamed Carrots <i>Fruit or Juice</i>	Chicken Patty w/ Kiev Sauce Rice Pilaf Steamed Carrots <i>Fruit or Juice</i>	Salmon Cakes w/ Dill Lemon Sauce Spiced Sweet Potatoes Sautéed Zucchini <i>Fruit or Juice</i>	Beef Stroganoff Mashed Potatoes Savory Braised Cabbage <i>Fruit or Juice</i>	Vegetarian TVP Bolognese & Pasta Italian Cut Green Beans <i>Fruit or Juice</i>	Roasted Chicken Carrot Tzimmes Potato Kugel <i>Fruit or Juice</i>	Gefilte Fish Corn, Black Bean and Pepper Salad Red Cabbage Salad <i>Fruit or Juice</i>
21	22	23	24	25	26	27
Omelette with Peppers and Onions Italian Blend Vegetables Steamed Carrots <i>Fruit or Juice</i>	Stuffed Cabbage with Beef Toasted Barley with Mushrooms Steamed Sliced Carrots <i>Fruit or Juice</i>	Teriyaki Baked Fish Brown Rice Oriental Blend Vegetables <i>Fruit or Juice</i>	Swedish Meatballs w/ Turkey & Pasta Braised Red Cabbage <i>Fruit or Juice</i>	Curry Chickpea Stew White Rice Zucchini Provencal <i>Fruit or Juice</i>	Baked Asian Style Honey Chicken Roasted Potatoes Italian Cut Green Beans <i>Fruit or Juice</i>	Egg Salad Macaroni and Pea Salad Coleslaw <i>Fruit or Juice</i>
28	29	30	31			
Cheese Lasagna Rollups w/ Homemade Tomato Sauce Roasted Butternut Squash California Blend Vegetables <i>Fruit or Juice</i>	Chicken Patty Peppers and Onions Kasha Varnishkes Roasted Beets <i>Fruit or Juice</i>	Baked Fish Oreganata Roasted Butternut Squash Oriental Blend Vegetables <i>Fruit or Juice</i>	Pasta & Meat Sauce Italian Blend Vegetables <i>Fruit or Juice</i>			

All meals will be accompanied by a carton of milk, whole wheat bread, margarine, juice, and a piece of fruit (fruit & juice vary every day).